



## Diversity, Equity, Inclusion, and Access

## Activities, Services and Programs for Underrepresented Communities

*Providing all individuals  
the opportunity to play,  
learn, and explore.*

# Activities, Services and Programs for Underrepresented Communities

## **THPRD Vision**

**We will enhance healthy and active lifestyles while connecting more people to nature, parks, and programs. We will do this through stewardship of public resources and by providing programs/spaces to fulfill unmet needs.**

## **THPRD Mission**

The mission of the Tualatin Hills Park & Recreation District is to provide high-quality park and recreation facilities, programs, services, and natural areas that meet the needs of the diverse communities it serves.

## **Diversity & Inclusion Vision Statement**

We provide all individuals the opportunity to play, learn, and explore, and all employees and volunteers the opportunity to further the district's mission. We do this by removing barriers to participation, fostering an inclusive culture, and offering programs that celebrate the district's diverse population.

## **Board values are centered around:**

Equity – We provide all individuals the opportunity to play, learn, and explore. We do this by removing barriers to participation, fostering an inclusive culture, and offering programs that celebrate the district's diverse population. We are committed to Diversity, Equity, Inclusion & Access (DEIA) and want to see this value infused in all THPRD's work.

For more information about activities, services and programs for underrepresented communities call us at 503-629-6330 or send us an email [inclusion@thprd.org](mailto:inclusion@thprd.org)

## Financial Aid Program

Our Financial Aid Program is one of the many ways THPRD is working toward removing barriers to participation, and ensure all district users have access to our services. Eligible households receive up to \$200 per person to use for classes, programs and other recreational opportunities. The program is led by a Bilingual Financial Aide and all materials are in English and Spanish.



## Rec Mobile – Free Summer camps

During the summer, the Rec Mobile partners with the Beaverton School District to offer free day camp programs at free summer meal sites. The Rec Mobile sends out two crews, Monday-Friday, to visit different schools, parks and apartment complexes. The crews remain at each site for 3 hours and engage youth participants (ages 5+) in sports activities, games, arts & crafts and more.



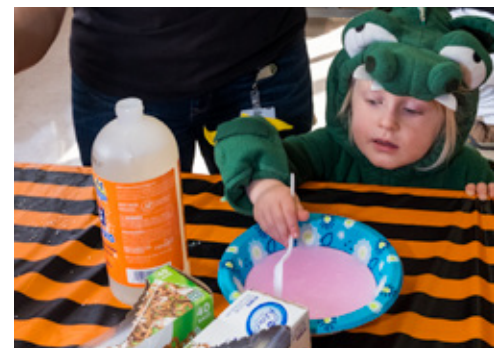
## Rec Mobile – Free activities during Spring and Winter Break

In March and December, the Rec Mobile visits apartment complexes in the district to provide youth ages 5+ with free activities.



## Rec Mobile – Free Wild Wednesday!

From September to May the Rec Mobile visits different sites and provides free games, crafts, and other activities. Happening at different apartment complexes: LynMarie Apartments, Willow Springs, Spencer House, Fircrest Manor.



## Rec Mobile – Free Friday Night Fun

From September to May, every 4th Friday the Rec Mobile is at the Tualatin Valley Fire and Rescue Station 67 for free games, crafts, and more.



**23,000+** participants served through the Rec Mobile



## Rec Mobile – Special events year-round

The Rec Mobile attends qualifying community events within THPRD boundaries.



## Walk with me - Camina Conmigo

A free event happening every year in June and July where families join an instructor for a 2-4 mile walk in a THPRD park. This activity promotes meeting other community members while improving strength and cardio one step at a time. All fitness levels are welcome. \*Bilingual walking companions.



## Fitness in the Park – Ejercicio en el Parque

This district-wide free program offers a variety of free family-friendly fitness opportunities available to everyone throughout the area. This activity helps community members achieve their fitness goals while connecting to nature, parks and trails. \*There are Spanish classes available.



## Make a Splash - Free Swimming

THPRD offers free swim lessons through USA Swimming Foundation's "Make a Splash" initiative.



**21,000+** people attended  
our free Summer events



## Free Open Swim

Free swim sessions every week of the month throughout the district.



## Nature Mobile - Free Summer Activities

From June to August the Nature Mobile will be at different neighborhood parks offering a weekly themed activity.



The Nature Mobile Program  
served over **10,000**



## Nature Mobile - Special events year-round

The Rec Mobile attends qualifying community events within THPRD boundaries.



**5** Free Environmental Programs offered  
year-round at local Beaverton Libraries



## Letterboxing Activity at Nature Parks

A fun type of scavenger hunt. The Nature Center provides patrons with a clue sheet to be filled, patrons follow the instructions while visiting the Tualatin Hills Nature Center and the Cooper Mountain Nature Park and look for letterboxes. There is a prize once completed. This activity is available in English and Spanish.



## Free Indoor Play Park & Drop-In Gymnastics

Cedar Hills Recreation Center hosts free indoor playground playtime and gymnastics for children from 3 to 13 years old.



## Coat Drive

Conestoga Recreation and Aquatic Center and Cedar Hills Recreation Center partnered with One Warm Coat to provide gently used coats for our neighbors in need. Also, through other partnerships gift certificates for coats where donated to the community.



**180+** coats donated  
with the Coat Drive



## THPRD Giving Drive

THPRD patrons and employees work with the Beaverton School District, Beaverton Family Promise and other community partners to create a brighter holiday season for those in need in the Beaverton area. THPRD collects toys, clothing and other items for selected families and homeless children within its boundaries.



## Meals on Wheels

THPRD hosts Meals on Wheels People who provides lunch to Elsie Stuhr Center guests every Monday through Friday.



**21,000+** people attended  
our free Summer events



## Overnight Safe Parking

Through a partnership between THPRD and Beaverton Family Promise, the district hosts homeless families to stay overnight in one THPRD facility.



## Teens for Jeans

Conestoga Recreation and Aquatic Center partnered with HomePlate, Washington County's only non-profit provider for young people experiencing homelessness in the Beaverton area.



Over **120** pairs of jeans were  
collected for donation to HomePlate  
with Teens for Jeans



## Equipment Swap

The Athletic Center hosted a sports equipment swap. The event offered families the ability to acquire free donated sports gear. THPRD donated the remainder of the equipment to the Beaverton School District's summer programs to ensure all the gear went to good use.



## Beaverton Family Promise Partnership

The park district hosts families experiencing homelessness for overnight stays in different THPRD locations.



## Peace Village Summer Camp

A free camp offered at Garden Home Recreation Center, in collaboration with the Tualatin Hills Park Foundation, the Beaverton Rotary Club and Peace Village Global. Peace Village teaches children, youth, and families practical and concrete skills in conflict resolution, empathy, creating inner peace, connecting with the natural world, and collaborative leadership.



## Free activities during National Parks & Recreation Month

In the month of July several THPRD locations provide free activities and classes. Some of the free amenities include:

- The Babette Horenstein Tennis Center free tennis clinics.
- Party in the Park free sport classes.
- Free Open Swim.
- Fitness in the Park.
- Walk with me.
- Free Dive-In Movies.
- And much more.





## Family Health and Fitness Day activities

June 8th is declared Family Health and Fitness Day by the National Recreation and Park Association (NRPA). Several THPRD facilities offer free activities to celebrate:

- Elsie Stuhr offers a Spry & Wise Zumba Gold Dance Party class.
- Garden Home Recreation Center offers a free guided bike ride through a THPRD trail.
- Cedar Hills Recreation Center offers Family Boot Camp and a Gymnastics Obstacle Course.
- Harman has free open swim sessions.
- Conestoga Recreation and Aquatic Center brings out backyard games, including a giant jenga, giant connect four and more.



## Other free THPRD activities and events available to the community:

- Party in the Park.
- Concerts in the Park.
- Cultural Book Fair.
- Big Truck Day.
- Patron Appreciation Week.
- Día de los Niños celebrations.
- Día de los Muertos celebrations.
- Patron Appreciation Day and Week.
- Cedar Hill Cider Festival.

And much more.

 For more information about free activities and events go to [thprd.org](http://thprd.org), visit any of our centers or call us.

