



**TUALATIN HILLS**  
PARK & RECREATION DISTRICT

## **Access for All** Diversity, Equity, Inclusion & Access



## **Culturally Responsive Activities and Service Delivery**

*Providing all individuals  
the opportunity to play,  
learn, and explore.*

# Culturally responsive activities and service delivery

## **THPRD Vision**

**We will enhance healthy and active lifestyles while connecting more people to nature, parks, and programs. We will do this through stewardship of public resources and by providing programs/spaces to fulfill unmet needs.**

## **THPRD Mission**

The mission of the Tualatin Hills Park & Recreation District is to provide high-quality park and recreation facilities, programs, services, and natural areas that meet the needs of the diverse communities it serves.

## **Diversity & Inclusion Vision Statement**

We provide all individuals the opportunity to play, learn, and explore, and all employees and volunteers the opportunity to further the district's mission. We do this by removing barriers to participation, fostering an inclusive culture, and offering programs that celebrate the district's diverse population.

## **Board values are centered around:**

Equity – We provide all individuals the opportunity to play, learn, and explore. We do this by removing barriers to participation, fostering an inclusive culture, and offering programs that celebrate the district's diverse population. We are committed to Diversity, Equity, Inclusion & Access (DEIA) and want to see this value infused in all THPRD's work.

For more information about Cultural Inclusion services and activities call us at 503-619-3990 or send us an email [lballest@thprd.org](mailto:lballest@thprd.org)

## THPRD Bilingual Staff (English/Spanish)

THPRD has a strong commitment to provide access through information and service delivery in English and Spanish. To achieve this, THPRD has bilingual staff (English/Spanish) in the Administration Office, Recreation & Aquatic Centers, and Nature Centers. Also, there are several bilingual instructors that offer classes and programs in Spanish.



## Language Access

THPRD encourages open lines of communication and thrives to ensure access to all. That includes the provision of information in different languages regarding classes, programs, and services. All THPRD facilities have access to an over-the-phone interpreting service to offer patrons the option of over 200 languages.



## Registration Day in Spanish – Centro de Bienvenida

Our office opens every registration day (4 times a year) to give personalized attention and service delivery in Spanish. We support families with class selection, registration and with any other questions they might have.



**200+** households served with  
Centro de Bienvenida



## Financial Aid Program – Programa de Asistencia Financiera

Our Financial Aid Program is one of the many ways THPRD is working toward removing barriers to participation, and ensure all district users have access to our services. Eligible households receive up to \$200 per person to use for classes, programs and other recreational opportunities. The program is led by a Bilingual Financial Aide and all materials are in English and Spanish.



**3,000+** people reached thru cultural  
inclusion/financial aid outreach



## Paseos Guiados con Observación de Aves

The Tualatin Hills Nature Park offers a bilingual bird walk for the whole family. Attendees explore the trails that run through forest and stream habitats. Binoculars and bird guides are provided.



## Women-only Swim

Women-only swim classes at Sunset Swim Center and women-only open swim at Aloha Swim Center.



## Fiesta en el Parque

An amazing opportunity for everyone in the community to come together to welcome and embrace Latinx culture and traditions through entertainment, food, sports, games, activities, and much more.



2,800+ people attended  
Fiesta en el Parque



## Hispanic Heritage Art Contest

During the Hispanic Heritage Month, Cedar Hills Recreation Center hosts a free art contest where patrons can show what Hispanic culture means to them through art.



## Walk with me – Camina Conmigo

In June and July join an instructor for a 2-4 mile walk in a THPRD park. Create friendships within your own community while improving strength and cardio one step at a time. All fitness levels are welcome. There are volunteer Spanish speaking walking partners.



## Fitness in the Park – Ejercicio en el Parque

This district wide free program offers a variety of free family-friendly fitness opportunities available to everyone throughout the Beaverton area. Fitness in the Park helps community members achieve their fitness goals while connecting to nature, parks and trails. There are Spanish classes available.



## Cultural Book Fair

Story tellers read the books they grew up with in the language from their place of origin. During the event there are different resources, including books in different languages, library card sign-up and more.



## Spring Cultural Exhibit

This exhibit allows people from different cultures and different times to communicate with each other via images, sounds and stories. During the month of March, Conestoga Recreation and Aquatic Center exhibits a collection of different forms of art celebrating the many different cultures in our community.



## Cultural Celebrations by Zumba

Each Thursday in February brings a different international theme for an exhilarating and effective workout experience at Conestoga Recreation and Aquatic Center. There is African, Arabic, Latinx and Irish Family Zumba.



## Welcoming Walk

During the City of Beaverton's Welcoming Week, THPRD and partner organizations go on a walk to celebrate our immigrant and refugee community members, explore parks, and natural spaces. This event celebrates the power of making new connections, getting to know your neighbors, and sharing our immigration stories to create welcoming spaces that belong to everyone. Information and interpretation services available in different languages.



## Celebrating Indian Culture

A free event hosted by Conestoga Recreation and Aquatic Center that invites all the community to attend and participate. Attendants will have a taste of Indian Culture. The celebration includes food, dance, music, and art performances.



**550+** people attended  
Celebrating Indian Culture



## Make a Splash – Free Swimming Classes in Spanish

THPRD offers free swim lessons through USA Swimming Foundation's "Make a Splash" initiative. This event includes free swimming classes in Spanish.



## Letterboxing Activity at Nature Parks

A fun type of scavenger hunt. THPRD two nature parks have clues inside letterboxes found on the trail. When a letterbox is found, you add your name to the notebook and then stamp your paper.

Each letterbox has its own special stamp and there is a prize once completed. Available in English and Spanish.



## Día de los Niños – Children’s Day

Cedar Hills Recreation Center invites the community to a free event called Día de los niños (Children’s Day), commonly known as Día, it is an annual celebration originated in several Latin American countries. This nationally recognized event emphasizes the importance of literacy for children of all linguistic and cultural backgrounds.



**Over 600 attendees to Día de los Niños at Garden Home Rec Center**



## Early Learning Resource Fair

Conestoga Recreation and Aquatic Center in co-sponsorship with the Department of Multilingual Programing, the Migrant Education Program, and the Early Learning Program from the Beaverton School District bring together a resource fair for connect connecting preschool families to resources available through different community partners.



**95+ people attended our Family Resource Fair**

