

NEWS



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THPRD, FACT OREGON TO HOST REGION'S FIRST INCLUSIVE TRIATHLON ON AUG. 12

This summer, the Tualatin Hills Park & Recreation District is hosting a new event for Oregon youth.

The first All-Ability Tri4Youth, presented with nonprofit partner FACT Oregon, is a fun, safe race that encourages young athletes to compete to the best of their abilities.

Designed for anyone 8 to 21 years of age, the event will be held from 10 am to 2 pm on Aug. 12 at THPRD's Howard M. Terpenning Recreation

Complex, 15707 SW Walker Road, Beaverton. It is believed to be just the second event of its kind in the U.S.

"Anyone with the desire to compete is encouraged to join," said Julie Rocha, Tualatin Hills Athletic Center supervisor. "Our desire is an inclusive event that draws young athletes with typical abilities and also those experiencing disability. It's an opportunity to 'tri together' to build community and promote fitness."



The All-Ability Tri4Youth at THPRD's Howard M. Terpenning Recreation Complex on Aug. 12 is believed to be just the second event of its kind in the U.S., similar to one in Pennsylvania.

Competitors will swim (50 yards), bike (two miles), and run (half-mile) on a fully accessible course.

The cost is \$30 per individual; those experiencing disability may captain a team with one or two additional members to provide assistance and support.

Registration is available at factoregon.org. Registrants have the option to create a fundraising page to support their registration fees. Participants receive a Tri4Youth T-shirt, a medal, and an invitation to attend a post-race party with music, food and support from community partners that specialize in providing support for families experiencing disability.

Anyone interested in volunteering for the event can inquire with Fact Oregon by visiting THPRD.org or the FACT Oregon website.

About THPRD

Formed in 1955, THPRD is the largest special park district in Oregon, spanning 50 square miles and serving about 240,000 residents in the greater Beaverton area. The district provides year-round recreational opportunities for people of all ages and abilities. Offerings include thousands of widely diverse classes, 95 park sites with active recreational amenities, nearly 70 miles of trails, eight swim centers, six recreation centers, and about 1,500 acres of natural areas. For more information, visit www.thprd.org or call 503-645-6433.

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