### How to request Inclusion Services

Inclusion services are **FREE** and available upon request. To qualify for inclusion, the participant must meet the essential eligibility requirements of that program defined for all participants.

If it is your first time requesting Inclusion Services or you have not used our services in over a year, you will need to complete our Inclusion Request and Support form. This can be found by googling "thprd/inclusion". Email completed form to inclusion@ thprd.org and allow at least two weeks for processing.

If you have utilized THPRD's Inclusion services in the past year, make sure you let the inclusion department know of any changes or additions to your child's THPRD programs.

If you need help getting started you can also call **503.629.6330**.

\*\*If you or someone in your care has a disability, you are not required to have inclusion support to participate in THPRD programs.



#### **Tualatin Hills Athletic Center**

15707 SW Walker Rd. Beaverton OR 97006

Phone: 503.629.6330

Email: inclusion@thprd.org





## Inclusion Services

We are committed to providing support to children, teens, and adults experiencing disabilities to make THPRD programming accessible to all.

We believe that meeting the diverse needs of the community we serve promotes dignity, success, and enjoyment for all participants.

# What are Inclusion Services?

THPRD Inclusion Services provide free individualized support and accommodations that assist patrons with disabilities to participate in the wide variety of programs and activities available through THPRD.

\*Participant must have a diagnosed disability to receive inclusion support



Inclusion Assistants (IA) provide individual support and adaptations to ensure individual needs and desires for participation are met in ways that are reasonable, safe, and do not fundamentally alter the nature of the recreation program or activity.

### **Testimonials**

"The Inclusion Services provided by THPRD have created an engaging environment that my daughter looks forward to attending" -Samantha B.

> "My son's self confidence has dramatically increased since utilizing the Inclusion Services" -Dave D.

"I am so thankful I found this service. It has made a huge impact on my kid's life, and I can relax knowing they are getting the help they need to safely participate with their peers" -Katie C.

### What Inclusion Offers

- Visual, behavioral, and sensory support
- Orientation and mobility support
- Adaptation and modification of activities
- Assistance with transitions between activities
- Adaptive equipment
- Independent skills development

\*Inclusion Services does not provide personal care, including but not limited to: toileting, dressing, feeding, and transferring.



THPRD promotes the power of choice to enhance the quality of life for individuals of all abilities.